WRAP UP
#1

Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings

Wrap Up

#2

**Participant Exercise**
- The following slide lists some of the policies that could be related to infectious diseases.
- Have the groups compare their lists to the slides.

(6 minutes)

#3

**Think-Pair-Share**
- Find a partner
- Discuss what policies on infectious diseases should be present where you work
- Think about the items that those policies should include
- List them to share with the whole group
- You have 5 minutes

(5 minutes for Policies slides)

#4

**Policies**
- Exclusion (and when a child can return)
- Staff health
- Immunization
- Food preparation
- Hand washing
- Hygiene practices (cleaning toys, storing personal materials)
- Diaper changing

#5

**Guided Discussion**
- Solicit ideas from the group of 1 thing that they learned or will do differently after your workshop.
- It is important to transform ideas into action and this is 1 mechanism to do it.
- Usually there is at least 1 person in a group who will be willing to stand up.
- Rewarding volunteers with a token prize (eg, pencils, stickers, brochures, etc) might help.

(5 minutes)
#6 These materials are under **Additional Resources** in the Participant’s Manual:
- Parent/Guardian Alert Letter
- Information About This Disease
- Symptoms or Suspected Illness—Sample A and Sample B
- Parent/Health Professional Release of Information
- Medication Administration Packet
- Universal Child Health Record
- Return to Group Care Form

**Resources**
4. **American Academy of Pediatrics (AAP) Web sites**
   - www.healthychildcare.org: The Healthy Child Care America Web site is designed to provide health and safety information for early education and child care professionals.
   - www.healthychildren.org: The Healthy Children is the go-to destination for children’s health information.
   - www.aap.org/immunization/: The Immunization Web site provides information and resources to parents and pediatricians.
5. **Web sites**
   - California Child Care Health Program: www.ucsfchildcarehealth.org: This Web site provides a wealth of resources for both professionals and families.
   - Centers for Disease Control and Prevention: www.cdc.gov/vaccines/recs/schedules/default.htm: This Web site provides immunization schedules for children, adolescents, and adults.
   - Early Childhood Education Linkage System (ECELS): www.ecels-healthychildcarepa.org: This Web site provides a wealth of resources for early education and child care providers as well as health professionals.
   - National Resource Center for Health and Safety in Child Care and Early Education (NRC): http://nrckids.org/STATES/states.htm: This Web site provides state child care licensing regulations.
   - Healthy Kids, Healthy Care (developed by the National Resource Center for Health and Safety in Child Care and Early Education): http://www.healthykids.us/: This Web site provides expert information and resources for parents of children who attend child care programs.

#7

**Summary**
- The spread of infections requires a combination of people, places, and germs.
- Infecious diseases are spread by respiratory route, direct contact, fecal-oral route, body fluids, and insects.
- The spread of infectious diseases can be decreased by hygiene, immunization, environmental controls, and healthy lifestyle.

#8

**Summary**
- The daily health check is an important tool in identifying and controlling infectious disease.
- Exclusion from child care:
  - Unable to participate
  - Require too much care
  - Specific symptoms or conditions

(<1 minute)
### #9 Guided Discussion
- This is the time to answer any questions that remain unanswered.
- Read from the parking lot flipchart on which unanswered questions were listed.
- If these questions haven’t been answered in the presentation, address them now.
- If there are questions that you cannot answer, offer to research them and get back to the participants.
- For help, www.healthychildcare.org may be able to provide technical assistance with unanswered questions.

(10 minutes for Parking Lot and Final Housekeeping slides)

### #10 Manual Materials
- Instruct participants to take the post-assessment under Wrap Up in the Participant’s Manual.

**Manual Materials**
- Post-assessment

---

**Final Housekeeping**
- Complete your post-assessment and evaluation and turn it in to the Instructor.
- Verification of credit.

*Thank you for your participation!*
Wrap Up

Resources


   - [www.healthychildcare.org](http://www.healthychildcare.org): The Healthy Child Care America Web site is designed to provide health and safety information for early education and child care professionals.
   - [www.healthychildren.org](http://www.healthychildren.org): The Healthy Children is the go-to destination for children’s health information.
   - [www.aap.org/immunization/](http://www.aap.org/immunization/): The Immunization Web site provides information and resources to parents and pediatricians.

5. Web sites
   - California Child Care Health Program: [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org): This Web site provides a wealth of resources for both professionals and families.
   - Centers for Disease Control and Prevention: [www.cdc.gov/vaccines/recs/schedules/default.htm](http://www.cdc.gov/vaccines/recs/schedules/default.htm): This Web site provides immunization schedules for children, adolescents, and adults.
   - Early Childhood Education Linkage System (ECELS): [www.ecels-healthychildcarepa.org](http://www.ecels-healthychildcarepa.org): This Web site provides a wealth of resources for early education and child care providers as well as health professionals.
   - Healthy Kids, Healthy Care (developed by the National Resource Center for Health and Safety in Child Care and Early Education): [http://www.healthykids.us/](http://www.healthykids.us/): This Web site provides expert information and resources for parents of children who attend child care programs.
Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings Post-assessment

Instructions: Circle the letter of the choice that best complements the statement or answers the question.

MODULE 1: Understanding Infectious Diseases

1. Children who attend child care are more resistant to infections after their first year of attendance.
   a. True
   b. False

2. Children’s immune systems:
   a. Get stronger as they are exposed to infectious diseases
   b. Get weaker when they are exposed to infectious diseases
   c. Are not affected by infectious diseases

3. Viruses should be treated with antibiotics.
   a. True
   b. False

4. The most important surface to clean to avoid spread of disease is our hands.
   a. True
   b. False

5. Children who attend child care are less likely to have antibiotic resistant ear infections and have tubes placed.
   a. True
   b. False
MODULE 2: Preventing Infectious Diseases

6. Which of the following is the best answer for how to reduce the number of germs in child care settings?
   a. Circulate fresh outdoor air, use right-size flushing toilets, wash hands, and clean and sanitize surfaces that have been in contact with body fluids
   b. Clean and sanitize eating and diaper/underwear changing surfaces before and after each use, wash hands with antibacterial soap, and use germ-killing aerosol sprays to remove odors
   c. Wear disposable gloves to change diapers; serve and prepare food and clean up blood; and teach everyone to cover their mouths with their hands when they sneeze or cough
   d. Quickly remove children who seem sick from the facility and do not allow them to return until they have a note from a health care professional that says they are well

7. Mixing children from different groups together when staffing is short in the morning and late afternoon spreads infection from group to group.
   a. True
   b. False

MODULE 3: Recognizing and Managing Infectious Diseases

8. A note from a child’s health care professional to return to child care after an illness is not necessary for children who act and feel well.
   a. True
   b. False

9. The daily health check is performed:
   a. When the parent is transferring care of the child to the care of facility staff
   b. When the child leaves the facility to go on a field trip or has a new caregiver
   c. When the caregiver notices that a child has symptoms of illness
   d. A and C

10. Before the child actually starts receiving care in the program, child care staff should discuss the following with parents:
    a. The program’s policy on caring for ill children
    b. Parent’s alternative care plans for child illness
    c. Who makes the final decision about whether an ill child can be in child care
    d. All of the above
11. Children should be excluded (sent home) from child care if they (Choose all the answers that apply):
   a. Have a fever
   b. Cannot participate in activities
   c. Require more care than can be provided in child care
   d. Have a condition that the health department says requires exclusion
   e. Have any diarrhea

12. To care for an ill child, caregivers should (Choose all answers that apply):
   a. Adapt activities to the activity level of the ill child
   b. Provide extra attention to the ill child
   c. Inform parents of new symptoms by phone and use the symptom record to document the child’s status
   d. Isolate the ill child in the director’s office

13. The goal of exclusion is to:
   a. Provide a setting where the child can recover more easily
   b. Prevent other children from getting fever
   c. Keep certain specific diseases from spreading through the child care site
   d. A and C
   e. None of the above
Infectious Diseases Curriculum Post-assessment and Answer Key

Instructor’s Manual

Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings Post-assessment and Answer Key

Instructions: If select modules were presented, participants should only fill out the questions related to those modules. Have participants circle the letter of the choice that best answers the question.

MODULE 1: Understanding Infectious Diseases

1. Children who attend child care are more resistant to infections after their first year of attendance.
   a. True
   b. False

2. Children's immune systems:
   a. Get stronger as they are exposed to infectious diseases
   b. Get weaker when they are exposed to infectious diseases
   c. Are not affected by infectious diseases

3. Viruses should be treated with antibiotics.
   a. True
   b. False

4. The most important surface to clean to avoid spread of disease is our hands.
   a. True
   b. False

5. Children who attend child care are less likely to have antibiotic resistant ear infections and have tubes placed.
   a. True
   b. False
MODULE 2: Preventing Infectious Diseases

6. Which of the following is the best answer for how to reduce the number of germs in child care settings?
   a. Circulate fresh outdoor air, use right-size flushing toilets, wash hands, and clean and sanitize surfaces that have been in contact with body fluids
   b. Clean and sanitize eating and diaper/underwear changing surfaces before and after each use, wash hands with antibacterial soap, and use germ-killing aerosol sprays to remove odors
   c. Wear disposable gloves to change diapers; serve and prepare food and clean up blood; and teach everyone to cover their mouths with their hands when they sneeze or cough
   d. Quickly remove children who seem sick from the facility and do not allow them to return until they have a note from a health care professional that says they are well

7. Mixing children from different groups together when staffing is short in the morning and late afternoon spreads infection from group to group.
   a. True
   b. False

MODULE 3: Recognizing and Managing Infectious Diseases

8. A note from a child’s health care professional to return to child care after an illness is not necessary for children who act and feel well.
   a. True
   b. False

9. The daily health check is performed:
   a. When the parent is transferring care of the child to the care of facility staff
   b. When the child leaves the facility to go on a field trip or has a new caregiver
   c. When the caregiver notices that a child has symptoms of illness
   d. A and C

10. Before the child actually starts receiving care in the program, child care staff should discuss the following with parents:
    a. The program’s policy on caring for ill children
    b. Parent’s alternative care plans for child illness
    c. Who makes the final decision about whether an ill child can be in child care
    d. All of the above
11. Children should be excluded (sent home) from child care if they (Choose all the answers that apply):
   a. Have a fever
   b. Cannot participate in activities
   c. Require more care than can be provided in child care
   d. Have a condition that the health department says requires exclusion
   e. Have any diarrhea

12. To care for an ill child, caregivers should (Choose all answers that apply):
   a. Adapt activities to the activity level of the ill child
   b. Provide extra attention to the ill child
   c. Inform parents of new symptoms by phone and use the symptom record to document the child’s status
   d. Isolate the ill child in the director’s office

13. The goal of exclusion is to:
   a. Provide a setting where the child can recover more easily
   b. Prevent other children from getting fever
   c. Keep certain specific diseases from spreading through the child care site
   d. A and C
   e. None of the above
Certificate of Attendance

(Disclaimer: This is not a certificate of competency)

Presented to:

__________________________________________________ (Name of Participant)

For participating in:

Healthy Futures: Improving Health Outcomes for Young Children
Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings

For a total of _____ (# of hours to complete session) contact hours on __/___/____ (Date)
CDA Content Area: #1

Presented by: ________________________________ (Print Instructor Name)

Sponsored by:
The American Academy of Pediatrics
Healthy Child Care America

____________________________  ______________________________
Date                                  Instructor Signature
Certificate of Attendance
(Disclaimer: This is not a certificate of competency)
Presented to:

__________________________________________________

For participating in:

Healthy Futures: Improving Health Outcomes for Young Children
Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings

For a total of ____ contact hours on ____/____/____
CDA Content Area: #1

Presented by: ________________________________

Sponsored by:
The American Academy of Pediatrics
Healthy Child Care America

Date ___________________________________________  Instructor Signature __________________________