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| **Child Care Health Consultation Lesson Plan** |
| **Contractor Name:** Chariton County |
| **Date Submitted:** 08/01/2016 | **[ ]  Children’s Health Promotion** |
| **Adult Training on** | **Health and Safety Standards** | **Training Levels** |
| **Content Area V: Health and Safety*****Select one standard and one level*** | [x]  Promoting Risk Management Practices | [ ]  1 | [ ]  2 | [ ]  3 | [ ]  4 | [x]  5 |
|  | [ ]  Protecting Children and Youth | ***Source:*** Core Competencies for Early Childhood and Youth Development Professionals(Kansas and Missouri), 2011 |
|  | [ ]  Promoting Physical Health |  |
|  | [ ]  Promoting Mental Health |  |
|  | [ ]  Promoting Healthy Eating |  |
| **Title:**   American Red Cross CPR/AED and First Aid    |
| **Training Goal:** Provide knowledge of CPR/AED skills for adult, child and infant response. Provide knowledge of First Aid techniques. |
| **Learning Objective(s): Participants will** Demonstrate proper CPR and AED techniques at the completion of class Help someone who is choking Perform appropriate First Aid techniques at the completion of class |
| **Topical Outline of Content** | **Training Method(s)** | **Time****(in minutes)** |
| Introduction by instructor CPR – Adult/Child CPR, Adult/Child choking, Infant CPR, Infant choking and the emergency call. AED – Skills technique in the use of AED First Aid – Skills technique in providing first aid | Lecture Video/DVD and the American Red Cross study manual. Use of mannequins for hands on practice & skill check off for each person in the class Hands on practice & skill check off for each person in the class with AED machine Video/DVD and the American Red Cross study manual. Hands on practice & skill check off for each person Method(s) of Outcome  | 5 min2.5 hours.5 hour2 hours |
| **Method(s) of Outcome Evaluation:** Successful completion of test and skills check off. |
| **FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY** |
| **Date Approved:** August 1, 2016 | **Authorized Approval Signature:** Nola Martz, CCHC Program Manager | **Date Expires:** August 2019 |

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