

Child Care Health Consultation Lesson Plan

Contractor Name: DEPARTMENT STANDARDIZED LESSON PLAN

Date Submitted: AUGUST 20, 2014

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input checked="" type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Eyes on Bullying—Preventing Bullying in Child Care

Training Goal: Caregivers will acquire skills to create environments that keep children safe from bullying

Learning Objective(s): Participants will:

- Form strategies to deal with bullying incidents before, during, and after they occur
- Take steps to create an environment that supports respect, and does not tolerate or accept bullying behavior
- Help children under their care develop social skills needed to deal with bullying when it occurs

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introductions (speaker and topic) & Learning objectives	Lecture/discussion	5 min
Background on bullying How bullying develops Types of bullying Gender differences	Lecture / power point Discussion	15 min
Prevention Strategies—Steps & Messages Developing & teaching social skills in children Problem solving Empathy Assertiveness – bullying actions & victim responses	Lecture / power point discussion	30 min
Closing thoughts & discussion; resources	Power point / discussion	5 min
Wrap up and evaluation	Questions / discussion	5 min
		Total training time: 1 hour

Method(s) of Outcome Evaluation: Questions, responses to discussion, participation

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APPROVED FOR ONE (1) CLOCK HOUR

Date Approved:
August 20, 2014

Authorized Approval Signature:



Date Expires:
August 2017