

## CCHC LESSON PLAN FOR HEALTH ISSUE TRAININGS/CLOCK HOURS

Presentation Title: Trauma Informed Services 1.5

Submitted by (LPHA name or DHSS): CCHC Program

Date submitted: April 11, 2018

Learning Objective(s):

Participants will:

- Identify ways to recognize how children's experiences and background influences the way they behave
- Identify strategies to control the conditions under which behavior occurs
- Identify how they as providers can build upon their employees' skills to manage behavior exhibited by children

Presentation Outline:

PART I:

- Introduction (Speaker and Topic)
- Basic assumptions and approaches to child behavior
- Antecedents, observable behavior, consequences of behavior

PART II:

- ACES Study
  - Impacts of trauma on children and families
  - Approaches providers can take to be supportive
  - Evidence based responses to families experiencing adverse events
- Adverse childhood experiences
  - Impacts
  - Health Risks
  - Disease/Disability
  - Social implications

PART III:

- Power struggles ~ staff vs children
  - Scheduling/routines
  - Skill building
  - Resources
- Q & A/Wrap up

Resources used (power point, video, props):

- Foster Care Trauma Informed Care Training PPT

Clock Hour Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for clock hour trainings should use this template and submit to the CCHC Program Manager for approval. Clock Hour Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.