

Child Care Health Consultation Health Issue Training Lesson Plan

Contractor (LPHA) Name: Springfield Greene County Health Department

Date Submitted: 11/14/18

Health and Safety Standards	Training Levels
<input type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input checked="" type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	x1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: Trauma Awareness Training

Learning Objective(s):

Participants will

- Identify how prevalent trauma is throughout the community and the impact on clientele and staff
- Identify the impact of trauma on brain development
- Identify the Adverse Childhood Experience Study impact on long term effects on social, emotional, and health outcomes

Topical Outline of Content	Resources Used
PART I <ul style="list-style-type: none"> • Introduction to Topic and Speaker • What is Trauma and how is it defined for each individual • Types of Trauma – Chronic, Private Event, Public Event 	Alive and Well Communities Trauma Awareness Training; videos used; ACES study 20 min
PART II <ul style="list-style-type: none"> • Prevalence of Trauma in the general community • Examining and understanding the ACE Study • Relationship between ACE study and health and social status into adulthood 	45min
PART III <ul style="list-style-type: none"> • Brain Development and how it is impacted by trauma • Impact on how increased stress related to trauma causes long term effects on the body • Impact of trauma throughout the lifespan (Infancy through Adult) • Responding to trauma and becoming a trauma informed organization. 	40 min
WRAP UP Q& A; Discussion	15 min

Method(s) of Outcome Evaluation: Q & A; Group Discussion

Health Issue Trainings are developed utilizing best practice references such as the “Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals” (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, “Caring for Our Children.” Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.