

**Missouri Law requires students receive School-Based Mental Health Education**

Referencing Missouri law:

Section 170.307, RSMo requires local educational agencies (LEAs) to provide mental health awareness training in Missouri schools. This training must be provided as part of the districts health and/or physical education curriculum.

Students graduating in the 2022-23 school year, and each year after must receive a minimum of two hours of mental health awareness training that aligns with DESE's Social-Emotional Learning Standards and the requirements of 5 CSR 20-200.275 Mental Health Awareness Training. Mental health awareness training must include the following domains:

- Defining Mental Health
- Identifying Strategies for Achieving and Maintaining Sound Mental Wellness
- Decreasing the Stigma of Mental Health Concerns
- Recognizing How to Connect to Services When Needed

Some work being accomplished by MCH partners that you may be interested in incorporating into your efforts:

[Strategies for Responding to Student Behavior – MoEdu-SAIL](#)

[MO-CPAP | Schools Project \(mocpapschools.org\)](#)

[988 Guide for Schools by John Ginwright - Flipsnack](#)

[School Health | Health & Senior Services \(mo.gov\)](#)

[Mental Health Resources for School Staff and Students | Missouri Department of Elementary and Secondary Education \(mo.gov\)](#)

[DESE-Adult-MHFA-Flyer-new-logo.pdf \(mhfamissouri.org\)](#)

[DESE-YMHFA-Missouri-One-Pager.pdf \(mhfamissouri.org\)](#)

Contact Information for Mental Health First Aid:

Amy Bartels

Project Manager Mental Health First Aid in Schools, Missouri Institute of Mental Health

Amy.bartels@mimh.edu

**AMCHP Policy Essential Series**

AMCHP just released the first two modules in their Maternal and Child Health (MCH) Policy Essential Series!

What is the MCH Policy Essential Series?

The MCH Policy Essential Series is a collection of **free, asynchronous training modules** that provide people working in MCH with the tools, knowledge, and capacity to effectively engage in policy development, implementation, evaluation, and advocacy. The series aims to ensure that policies affecting MCH populations are effective, equitable, and evidence-based.

You can access the series here:

[Maternal and Child Health \(MCH\) Policy Essential Series](#)

**Where can I find more trainings related to MCH?**

AMCHP Learning Modules

The library of learning modules, resulting from a wide range of funded program initiatives, is intended to help practicing and aspiring MCH professionals explore and deepen their understanding of critical topics and processes. Modules vary in structure and anticipated time of completion, but each has a title, brief description, and topic “tags” to help users determine whether the content is relevant to their current and/or anticipated professional roles.

Please contact workforce@amchp.org with questions or recommendations.

You can access modules here:

[Learning Modules - AMCHP](#)

**Reminders**

- December, 2023 (FFY 24) Invoicing tool/DH-38 due January 15th
- 31st Annual Missouri Coordinated School Health Conference, February 21-23, 2024 at the Lodge of Four Seasons.

Agenda and Registration here:

[ATTENDEE Registration - MCSHC AM 2024.pdf \(healthykidsmo.org\)](#)

- March 31st 2024 – Contractor Proposed FFY24 Work Plan Amendment Requests deadline

**Something to Think On**

“A dead end is just a good place to turn around.”