



Opportunities for LPHA and School-Based Mental Health First Aid Training

MHFA = mental health first aid

YMHFA = youth mental health first aid

tMHFA = teen mental health first aid (teens in grades 10-12 or ages 15-18)

- Complete the Host-a-Course form here:

<http://mhfamissouri.org/home/host-a-course/>

AND a Mental Health First Aid team member will work with you to set-up the course/s and funding options.

- For a larger scope and training, please email info@mhfamissouri.org and a member of the team will set up a call to discuss your plan.
- A school can sign up for a course here:
<http://mhfamissouri.org/dese-application/>

and a member of the team will reach out to you to coordinate, including ordering materials and connecting with instructors. In addition, any LPHA can request a course on behalf of a school and name yourselves as the instructors. There is funding available for these course and requests for courses are welcome. In addition, Mental Health First Aid is able to pay a \$500 stipend to each instructor who teaches as well.

- Contact information for Mental Health First Aid Missouri:

Amy Bartels, M.Ed.

Project Manager-MHFA in schools

Mental Health First Aid Missouri

314-516-8469



Missouri Enacts Changes to the Childhood Lead Testing Requirements

Missouri is the #1 lead-producing state in the United States!

On August 28, 2023, RSMo 701.340-701.349 changes were enacted regarding blood lead testing of children. Lead is a dangerous neurotoxin, and low doses of lead from paint dust and corroded water pipes can cause lasting damage, including reduced IQ, behavior disorders, and increased risk of mortality from cardiovascular disease. These revised blood lead testing requirements are based on age and risk factors rather than just geographical location.

Previously, all Missouri children younger than six who lived in, or spent more than 10 hours per week in, areas deemed high risk were required to be tested for elevated blood lead every year. Children not at increased risk were screened for potential lead exposure with a questionnaire and tested if necessary.

With the revised lead testing requirements, all children aged six months to six years of age shall be screened with a risk assessment tool, and if a risk is identified, the child shall be offered lead testing. In addition, all parents of children aged one to three years of age shall receive education on lead poisoning. Parents will be offered to have their child tested for lead poisoning annually.

1,2,3 Test Me Social Toolkit

<https://health.mo.gov/living/environment/lead/123-social-toolkit.php>

More information and resources can be found here:

<https://health.mo.gov/living/environment/lead/>

If you have questions about the changes or would like additional information, please contact Teresa Wortmann, Childhood Lead Poisoning Prevention Program Manager, at Teresa.wortmann@health.mo.gov and/or 573-751-4718.



Are there any social media/graphic toolkits for National Poison Prevention Week (March 17th-23rd)

National Poison Prevention Week (NPPW) is March 17th-23rd this year and poison centers have developed a social media/graphic toolkit for partners to use that week to share awareness.

The toolkit has graphics to copy for daily posts on Facebook/Twitter X/Instagram as well as main banner images. It also has the link to download the graphics for each day. Just click on the graphic and you will be directed to download them. You can copy and paste the wording to go with the daily post as well. You can share them ahead of National Poison Prevention Week but please consider sharing them heavily during the actual week in March. Resources are available and linked in both English and Spanish. There are also instructions on the NPPW Council Poster and Video contest on page 11 which has a large prize for students!

If you have any questions about the toolkit or trouble with any material, please reach out to Amanda Ruback, Community Outreach Coordinator at Amanda.ruback@ssmhealth.com and/or 314-612-5719.

The toolkit is located here:

<https://piper.filecamp.com/s/i/T00aDdNtwtuVx3tt>

If you would like to order magnets, brochures or other educational material for the week, please order online free: <https://missouripoisoncenter.org/materials-category/order-materials/>



Reminders

- February 2024 (FFY 24) Invoicing tool/DH-38 due March 15th
- Upcoming Conferences:

Annual Safe Sleep Summit

Friday, March 1, 2024

St. Louis, MO

[Annual Safe Sleep Summit Tickets, Fri, Mar 1, 2024 at 9:30 AM | Eventbrite](#)

Community Health Workers Association of Missouri 2024 Conference

March 4-6, 2024

Lake Ozark, MO

[Community Health Workers Association of Missouri - Events \(chwam.org\)](#)

[Community Health Worker Association of Missouri 2024 Conference Registration \(whova.com\)](#)

2024 Maternal & Infant Health Convening

March 5-6, 2024

St. Louis, MO

[2024 Convening for Maternal and Infant Health in Missouri \(theupliftconnection.org\)](#)

2024 Missouri Oral Health Policy Conference

March 7-8, 2024

Jefferson City, MO

[Missouri Coalition for Oral Health | Oral Health Conference \(oralhealthmissouri.org\)](#)

[Missouri Coalition for Oral Health | Conference Registration \(oralhealthmissouri.org\)](#)

[Missouri Coalition for Oral Health | 2024 Conference Agenda \(oralhealthmissouri.org\)](#)

2024 Conference on the Young Years

March 7-9, 2024

[Conference on the Young Years \(CYY\) | Missouri Department of Elementary and Secondary Education \(mo.gov\)](#)

Missouri Crisis Intervention Team (MO CIT) Conference

April 1-3, 2024

Osage Beach, MO

[Agenda - 2024 Missouri Crisis Intervention Team Conference \(cvent.com\)](#)

[Personal Information - 2024 Missouri Crisis Intervention Team Conference \(cvent.com\)](#)

2024 Association of Public Health Nurses Annual Conference

April 15-18, 2024

Denver, CO

[2024 APHN Annual Conference \(phnurse.org\)](https://phnurse.org)

Missouri Children’s Trauma Summit 2024

Wednesday April 24, 2024

Columbia, MO

[Training Summit | moctn](#)

Missouri Immunization Conference

April 25-26, 2024

Columbia, MO

[Missouri Immunization Conference - Missouri Immunization Coalition \(moimmunize.org\)](https://moimmunize.org)

[Missouri Immunization Conference - Missouri Immunization Coalition \(moimmunize.org\)](https://moimmunize.org)

2024 Conference on Adolescent Health

May 6-7, 2024

Ann Arbor, MI

[Annual Conference - Adolescent Health Initiative \(umhs-adolescenthealth.org\)](https://umhs-adolescenthealth.org)

Spring Training Institute

May 16-17, 2024

Osage Beach, MO

[DMH Spring Training Institute](#)

2024 MO Crisis Conference

June 24-25, 2024

Columbia, MO

Save the Date- Registration not open yet

Missouri Suicide Prevention Conference

Wednesday, July 24, 2024

Cape Girardeau, MO

[MSPN CONFERENCE | MOSPN](#)



Something to Think On

“Of all the forms of inequality, injustice in health is the most shocking and inhumane.”

– Martin Luther King, Jr.