



**The Missouri Department of Health and Senior Services' Office on Women's Health would like to extend an invitation to you to join the Network.**

The Network comprises organizations and individuals concerned with women's health. The Network's purpose is to provide timely information about current issues in women's health, such as changes in services for women, changing technology in women's health, available resources, training opportunities, events, and funding opportunities. The Network enables the Office on Women's Health to contact a large group of people in a timely way via email regarding these and other important subjects. The long-term outcome of increased awareness should be improved women's health care services and access.

If you would like to join and be better informed about women's health issues, please email [tracy.henson@health.mo.gov](mailto:tracy.henson@health.mo.gov).



**The Friday Facts** targets local public health agencies (LPHA), their governing bodies, and other entities directly involved in the public health system. It is designed to alert readers of issues impacting the local public health system and provide information of interest. Items relating only to Department of Health and Senior Services (DHSS) employees or DHSS employee issues will not be included.

Contact the Center for Local Public Health Services via email at [CLPHS1@health.mo.gov](mailto:CLPHS1@health.mo.gov), to be added to the ListServ. You can also go there directly using the link: <https://health.mo.gov/information/news/fridayfacts/index.php>



**Where I can learn more about ACEs (Adverse Childhood Experiences)?**

- [Adverse Childhood Experiences \(ACEs\) \(cdc.gov\)](https://www.cdc.gov/aces/)
- [Understanding ACEs with Dr. Nadine Burke Harris - YouTube](#)
- [Adverse Childhood Experiences \(ACES\) - The Burke Foundation](#)
- [Nadine Burke Harris: How childhood trauma affects health across a lifetime | TED Talk](#)
- [Starting Early – Newsletter by the Burke Foundation](#)
- [Resources | ACEs Aware – Take action. Save lives.](#)
- [The Deepest Well: Healing the Long-Term Effects of Childhood Trauma and Adversity: Burke Harris, Nadine: 9781328502667: Amazon.com: Books](#)



### REMINDERS

- July, 2023 (FFY 23) Invoicing tool/DH-38 due August 15<sup>th</sup>
- Save the Date, MCH HUDDLE (virtual), August 9<sup>th</sup> 9am-11am



### Something to Think On

According to the National Library of Medicine, **physical inactivity** is the biggest public health problem of the 21<sup>st</sup> Century.



\*The MCH Services Program has the following literature to give to any LPHA FREE of charge that is interested. This will be on a first come, first serve basis until gone. If interested, please send an email to Sara Gorman, MCH Services Program Manager, to request literature and this will be sent to you.

The following titles and quantities listed are available:

- The Payoff Principle (Dr. Alan R. Zimmerman)
- Autism's False Prophets (Paul A. Offit, MD)
- School Health Policy and Practice, 7<sup>th</sup> Edition (American Academy of Pediatrics)- 2 copies
- Ideas are Free (Alan G. Robinson)
- Public Health Nursing, Scope and Standards of Practice (ANA)
- Practicing Community Development (Donald W. and Doris P. Littrell) – 2 copies
- Prevention is Primary, Second Edition (Larry Cohen, Vivian Chavez, Sana Chehimi) – 2 copies
- The Energy Bus (Jon Gordon) – 2 copies
- The Public Health Quality Improvement Handbook (Ron Bialek, Grace L. Duffy, John W. Moran) – 3 copies
- Improving the Health of Adolescents and Young Adults: A Guide for States and Communities (HRSA)
- Foundations of Nursing in the Community, 2<sup>nd</sup> Edition (Marcia Stanhope, Jeanette Lancaster)
- Preparing Youth to Thrive (Charles Smith, Gina McGovern, Reed Larson, Barbara Hillaker, Stephen Peck)
- Making Meaningful Connections – 2015 Prevention Resource Guide (HHS)