



Did you know the University of Missouri (MU) provides FREE learning opportunities for those in health professions?

MU Continuing Education for Health Professions (CEHP) provides evidenced-based, relevant and responsive learning activities designed to narrow professional practice gaps with respect to knowledge, competence, and performance of the health care team. Check out their current portfolio of planned events and online courses, news, and resources here:

[MU Continuing Education for Health Professions](#)

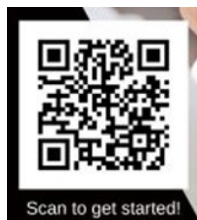


University of Missouri (MU) Interprofessional Telehealth Training Program

Sign up for [Missouri Telehealth Network's Interprofessional Telehealth Training Program](#).

Learning modules guide professionals through educational training to equip them with a better understanding of telehealth capabilities. The training program is an asynchronous, self-paced telehealth training for students and professionals. It is free for all and offers accredited continuing education credits for some.

Scan the QR code below to get started!



Can we amend our MCH Services contract work plan?

- The maternal child health (MCH) priority health issue cannot be amended; however, the activities and outcomes can be.
- Deadline: All proposed work plan amendments must be submitted by **March 31, 2025**.

To submit a request, email your MCH District Nurse Consultant (DNC) with the following:

1. Amendment Request Letter

- Using your agency letterhead, include the date and clearly state the reason(s) for the proposed changes.
- Specify the effective date for these changes.
- Include an original or legal electronic signature of authorization.

2. Revised Work Plan

- Use the Maternal Child Health (MCH) Services contract work plan template and ensure the revision date section is completed.

If you have any questions or need assistance, please do not hesitate to reach out to your MCH DNC— we are here to help!

**Reminders**

- February 2025 (FF25) Invoicing tool/DH-38 due March 15, 2025

Upcoming Conferences that may be of interest:

- **Disaster Behavioral Health Conference**
April 8-10, 2025
<https://web.cvent.com/event/dca91ba4-bef0-44b7-b5d4-f8eb9b9349ff/summary>
- **2025 Missouri Crisis Intervention Conference**
April 12th- Pre-Conference
April 13-14, 2025, Conference
\$75 per person, including a conference shirt.
Margaritaville Lake Resort, 494 Tan Tara Estate, Osage Beach, MO 65065
<https://www.missouricit.org/>
- **2025 SOPHE (Society for Public Health Education) Annual Conference**
April 16-18, 2025, Long Beach, California
<https://sophe2025.eventscribe.net/>
- **9th Annual Charting the Life Course Showcase 2025**
April 28-May 1, Kansas City, MO
https://secure.touchnet.net/C20067_ustores/web/product_detail.jsp?PRODUCTID=5774&SINGLESTORE=true
- **Association of Public Health Nurses, 2025 Online Blended Conference**
May 7, 14, 21, 28, 2025, Online
<https://www.phnurse.org/2025-aphn-online-blended-conference>

- **2025 NACCHO360 (National Association of County & City Health Officials)**
July 14-18, 2025, Anaheim, California
<https://www.nacchoannual.org/registration/register>
- **Missouri Suicide Prevention Conference, SAVE the DATE**
July 17, 2025, Columbia, MO
- **38th Annual Postpartum Support International (PSI) Conference 2025 Save the Date**, July 11-13, New Orleans, LA
<https://pmg.ioynadmin.org/documents/1029/67194079868a81192955c272.pdf>
- **2025 MPHA (Missouri Public Health Association) Conference, SAVE the DATE**
September 23-25, 2025, Columbia, MO
<https://www.mopha.org/viewevent.php?id=1287>
- **2025 APHA (American Public Health Association) Annual Meeting, SAVE the DATE**
November 2-5, 2025, Washington, D.C.
<https://www.apha.org/events-and-meetings/annual/about/past-and-future-annual-meetings>



The Farmer and the Donkey

One day a farmer's donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out what to do. Finally, he decided the animal was old, and the well needed to be covered up anyway-it just wasn't worth it to retrieve the donkey.

He invited all of his neighbors to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried horribly. Then, to everyone's amazement, he quieted down.

A few shovel loads later, the farmer finally looked down the well. He was astonished at what he saw. With each shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up.

As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and happily trotted off!

Life is going to shovel dirt on you, all kinds of dirt. The trick to getting out of the well is to shake it off and take a step up. Each of our troubles is a stepping stone. We can get out of the deepest wells just by not stopping and never giving up! Shake it off and take a step up.

[Source](#)