



Charlie's House is an organization we partner with in our work with Injury Prevention for the Maternal Child Health population; specifically preventing accidents and injuries to children in and around the home.

Unintentional injuries remain a crucial public health concern as they persist as the leading cause of morbidity and mortality in children. More than 9.2 million children are treated in emergency departments for nonfatal injuries. Sadly, accidents and injuries claim the lives of 12,000 children and adolescents yearly.

Safety Demonstration tours are available throughout the week and additional safety resources are also provided. For more information and to schedule a tour go to <https://www.charlieshouse.org/>



The AAP has updated recommendations on Infant Safe Sleep--

The American Academy of Pediatrics recommends a safe sleep environment to reduce the risk of all sleep-related deaths. This includes supine positioning; use of a firm, non-inclined sleep surface; room sharing without bed sharing; and avoidance of soft bedding and overheating. Additional recommendations for SIDS risk reduction include human milk feeding; avoidance of exposure to nicotine, alcohol, marijuana, opioids, and illicit drugs; routine immunization; and use of a pacifier. New recommendations are presented regarding non-inclined sleep surfaces, short-term emergency sleep locations, use of cardboard

boxes as a sleep location, bed sharing, substance use, home cardiorespiratory monitors, and tummy time.

Every year in the United States, approximately 3500 infants die of sleep-related infant deaths, including sudden infant death syndrome (SIDS) (International Statistical Classification of Diseases and Related Health Problems 10th Revision [ICD-10] R95), ill-defined deaths (ICD-10 R99), and accidental suffocation and strangulation in bed (ICD-10 W75). After a substantial decline in sleep-related deaths in the 1990s, the overall death rate attributable to sleep-related infant deaths have remained stagnant since 2000, and disparities persist.

You can find detailed information about the updated recommendations at <https://www.aap.org/en/patient-care/safe-sleep/>.

Missouri has a Safe Sleep Coalition!

If you would like more information and to possibly join, contact Shanna Heard, DESE Safe Cribs Missouri Program Specialist. Contact information is below:

Shanna.Heard@dese.mo.gov (573)526-7833



What is the timeline for MCH Services contract budget reallocations?

Please reach out to Sara Gorman, MCH Services Program Manager at sara.gorman@health.mo.gov to further discuss what type of reallocation you need to make.

Referencing the MCH Services contract Scope of Work:

7.3 If the Contractor identifies specific needs within the Scope of Work, the Contractor may rebudget up to 10% of the total budget between object class categories of the budget for approved expenditures without obtaining prior written approval of the Department. Such rebudgeting by the Contractor shall not cause an increase in the indirect cost category.

The Contractor and the Department must agree to a written contract amendment for an increase to the indirect cost category or any other rebudgeting.

9.3 The Contractor may request to amend the current contract period's annual contract budget and/or FFY2022-2026 contract work plan activities and/or system outcome(s).

9.4 If the Contractor desires to amend the annual contract budget, the proposed annual contract budget amendment request is to be submitted via an e-mail to the MCH Services Program Manager and shall include the following:

9.4.1 An amendment request letter including the reason(s) for the proposed change(s) and an effective date for this change to begin. This request shall be submitted on dated agency letterhead, and include an original or legal electronic signature of authorization.

9.4.2 An attached revised annual contract budget using the Maternal Child Health Services Contract Budget Worksheet.



REMINDERS

Beyond the Latch Conference—September 15th **virtual or in person**
Cox Health Education Center & Greater Ozarks Regional Breastfeeding Coalition would like you to know information on advanced breastfeeding topics including:

- Working on a difficult latch
- Tongue Tie
- Establishing flow using lymphatic drainage

BREAKOUT SESSION: Trauma Impacted Care

You can find the registration link on Eventbrite here:

<https://www.eventbrite.com/e/beyond-the-latch-tickets-652028032397?aff=oddtcreator>

- Early reminder, End of Year Reports will be due **October 31st**. We will be sending out an email in September with additional guidance.
- September 2023 (FFY 23) Invoicing tool/DH-38 due **October 15th**
- Save the Date, MCH Workforce Support Meeting, **September 14th**
9am-10am (virtually)
- Save the Date, FFY 24' Contract Opening Meeting via WebEx, **October 5th**
9am-11am (virtually)



Something to Think On

“Did you ever stop to think, and forget to start again?”

— Winnie the Pooh