



Women's Health Resources

The Missouri Department of Health and Senior Services, Office on Women's Health has a webpage that includes information on a variety of women's health topics. The webpage can be found here:

<https://health.mo.gov/living/families/womenshealth/>

Some items of interest that are no cost may be:

- Women Take Charge of Your Health
<https://health.mo.gov/living/families/womenshealth/pdf/take-charge-health-report.pdf>
- My Health Tracking Card
<https://health.mo.gov/living/families/womenshealth/pdf/my-health-tracking-card.pdf>
- Topic Fact Sheets
<https://www.womenshealth.gov/patient-materials/resource/fact-sheets>

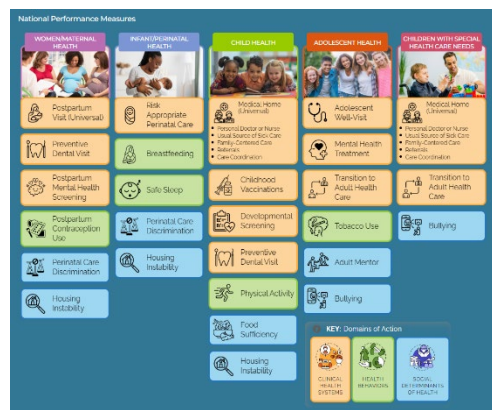


New Evidence Resources!

The MCH Evidence Center has developed new *What Works Evidence Accelerators*. These resources include overviews of each topic, data sources and highlighted national statistics approaches to each measure through a health equity and social determinants of health lens, and links to over 300 *NEW* evidence-based/informed strategies that you can use to jump start your work.

Click here to get started browsing:

<https://www.mchevidence.org/tools/accelerators/>





“What is the best way to share ideas we have about future speakers and/or meeting topics?”

The MCH Services Program staff love when you provide feedback. Our program sends out a program evaluation survey at the end of the contract year and that is a great time to provide feedback; however, we encourage you to provide feedback throughout the year by emailing your District Nurse Consultant.



Reminders

- September 2024 (FFY2024) MCH Services contract Invoicing tool/DH-38 is due by October 15, 2024.
- September 30th- FFY2024 contract year ends
- October 3rd- MCH Services Contract Opening Meeting (virtual)
- October 31st- FFY2024 contract Year End Reports due to DNC, more information will be sent October 1st.

▪ **Upcoming Conferences that may be of interest:**

- **Missouri Council for Activity & Nutrition (MOCAN) Summit**
Thursday, October 24, 2024, 830am-3pm, Columbia, MO
<https://extension.missouri.edu/events/mocan-summit>
- **Missouri Prevention Conference**
Save the Date
Wednesday, November 13 – Thursday, November 14, 2024
St. Charles Convention Center
[Personal Information - 2024 Missouri Substance Use Prevention Conference \(cvent.com\)](https://www.cvent.com/event/missouri-prevention-conference-2024)
- **32nd Annual Coordinated School Health Conference**
Save the Date, February 19-21, 2025, Lodge of Four Seasons
[Annual Coordinated School Health Conference - MCSHC \(healthykidsmo.org\)](https://www.healthykidsmo.org/annual-coordinated-school-health-conference)
- **Missouri Oral Health Policy Conference**
Save the Date, March 6-7, 2025, Capital Plaza Hotel and Convention Center Jefferson City, MO
- **Conference on the Young Years**
Save the Date, March 6-8, 2025, Osage Beach, MO
[Conference on the Young Years \(CYY\) | Missouri Department of Elementary and Secondary Education \(mo.gov\)](https://www.mo.gov/education/conference-on-the-young-years)

- **Active Living Conference**
Save the Date, March 17-20, Manhattan, KS
<https://www.activenviro.org/activelivingconference>



Something to Think On

"I am only one; but still, I am one. I cannot do everything; but still, I can do something; and because I cannot do everything, I will not refuse to do the something that I can do."

Edward Everett Hale