



# EARLY CHILDHOOD HOME VISITING

The Department of Health and Senior Services (DHSS)

Evidence-based Early Childhood Home Visiting Services





# EVIDENCE-BASED HOME VISITING

The U.S. Department of Health and Human Services (HHS) created the Home Visiting Evidence of Effectiveness (HomVEE) project in 2009 to conduct thorough and transparent review and assessment of the evidence of effectiveness for home visiting models that target families with pregnant women and children from birth to kindergarten entry.

As of October 2018, there are 20 models which meet the HHS criteria as an “Evidence-based Early Childhood Home Visiting Service Delivery Model.”

For more information visit: <https://homvee.acf.hhs.gov/>

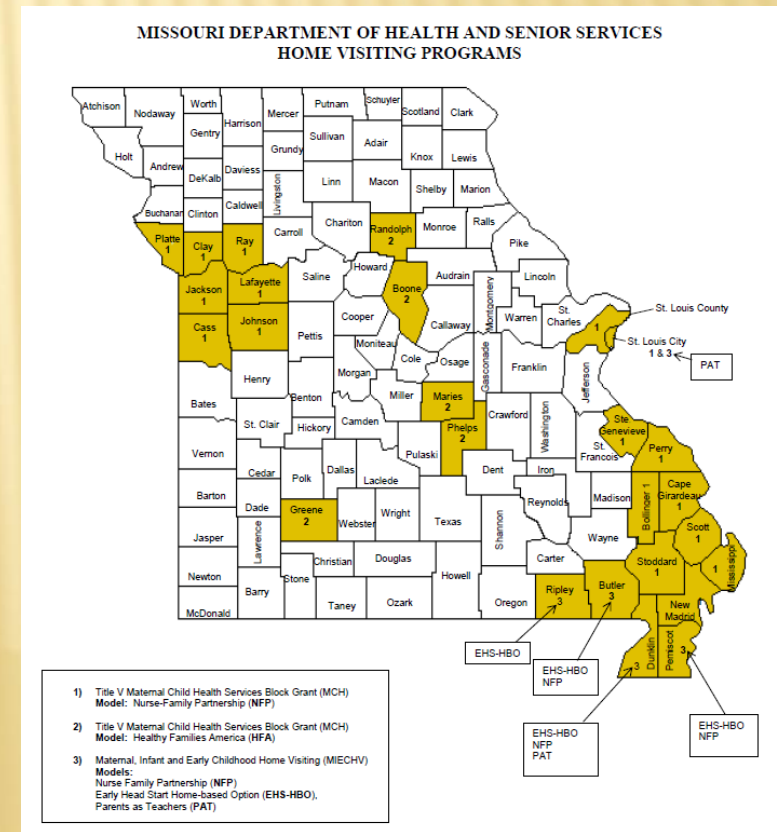


# DHSS EVIDENCE-BASED HOME VISITING MODELS

DHSS Home Visiting is funded through two HHS federal grants, Title V Maternal Child Health Services Block Grant (MCH) and the Maternal, Infant, and Early Childhood Home Visiting Program Grant (MIECHV) in 26 counties. All services are provided free of charge and on a voluntary basis.

DHSS utilizes four HomVEE approved evidence-based early childhood home visiting models:

- ❑ Nurse-Family Partnership (NFP)
- ❑ Healthy Families America (HFA)
- ❑ Early Head Start Home-Based Option (EHS-HBO)
- ❑ Parents as Teachers (PAT)





# NURSE-FAMILY PARTNERSHIP (NFP)

- Open to low-income, first-time mothers enrolled by or before 28 weeks of pregnancy.
- Services are provided by Registered Nurses through the child's first 24 months.
- Implemented through three contracted agencies covering: Platte, Clay, Ray, Jackson, Lafayette, Cass, Johnson, St. Louis County/City, Ste. Genevieve, Perry, Bollinger, Cape Girardeau, Scott, Stoddard, Mississippi, New Madrid, Butler, Pemiscot, and Dunklin counties.

The NFP model's primary goals include:

- Improved pregnancy outcomes through support in accessing adequate prenatal care, diet, and reduction or elimination of tobacco, alcohol, and illegal substance use.
- Improved child health and development by helping parents provide more responsible and competent care for their children.
- Improved economic self-sufficiency by helping parents develop a vision for their own future, plan future pregnancies, continue their education, and find jobs.





# HEALTHY FAMILIES AMERICA (HFA)

- Open to low-income pregnant women or primary caregivers who are enrolled in the program within three months of the infant's birth.
- Services are provided for three to five years after the birth of the infant by home visitors prepared as either nurses, social workers, and/or experienced early childhood paraprofessionals.
- Implemented through four contracted agencies covering: Randolph, Boone, Maries, Phelps, and Greene counties.

The HFA model's primary goals include:

- To build and sustain community partnerships to systematically engage overburdened families in home visiting services.
- To cultivate and strengthen nurturing parent-child relationships.
- Promotion of healthy childhood growth and development.
- Enhancement of family functioning by reducing risk and building protective factors.



# EARLY HEAD START HOME-BASED OPTION (EHS-HBO)

- Open to low-income pregnant women and children enrolled anytime during pregnancy and/or throughout the first three years of the child's life.
- Services are delivered weekly in the home for 90 minutes with optional monthly group socializations by Child Development Associate (CDA) credentialed home visitors.
- Implemented through two contracted agencies covering: Butler, Ripley, Dunklin, and Pemiscot counties.

The EHS-HBO model's primary goals include:

- To provide high-quality early education and child development services, including for children with disabilities, that promote children's cognitive, social, and emotional growth for later success in school.
- To promote secure parent-child relationships and help parents provide high-quality early learning experiences.





# PARENTS AS TEACHERS (PAT)

- Open to pregnant women and families with children, birth to kindergarten entry, identified as having two or more PAT defined high needs characteristics.
- Services are provided by Parent Educators with a minimum of a high school diploma or GED and two years of supervised work experience with children and/or parents.
- Implemented through two contracted agencies covering: St. Louis City and Dunklin County.

The PAT model's primary goals include:

- Increased parent knowledge of early childhood development and improved parent practices.
- To provide early detection of developmental delays and health issues.
- To prevent child abuse and neglect.
- Increased school readiness and success.

Please note: The Department of Elementary and Secondary Education (DESE) PAT program implemented under the Early Childhood Development Act (ECDA) is not the same as the HomVEE approved PAT model implemented by DHSS.



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## Questions?

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For more information visit: <https://health.mo.gov/living/families/homevisiting/index.php>