Face forward into the New Year by focusing on your health and weight loss goals with Naturally Slim® (NS).

Give yourself some grace and start the New Year off strong with NS. We're setting clinically-proven resolutions—based on skill, not willpower—every day to lose weight, sleep better and reduce stress.

The Missouri Consolidated Health Care Plan (MCHCP) is giving you the opportunity at no cost. No gimmicks. No food you need to buy. Through NS’s weekly videos, you’ll build lifelong healthy habits that can improve your physical and mental health.

To learn more and apply, visit:
www.naturallyslim.com/MCHCP

MCHCP medical plan members age 18 or older, not on the Medicare Advantage or TRICARE Supplement plans, are eligible if they meet the criteria as determined by Naturally Slim.